

BUILD SUCCESS WITH Purposeful Daily Habits

How to Use this Tracker

- 1. Choose Your Habit:** Write down the habit you want to track. Make it specific and actionable, e.g., "Organize your workstation before opening and closing the branch" or "Compliment a teammate on their work or effort every day."
- 2. Set Your Goal:** Decide how long you want to maintain the streak (e.g., 30 days, 66 days, or a full year).
- 3. Track Daily:** Mark off each day you complete your habit. Use checkmarks, smiley faces, or color in the box to keep it fun and visually rewarding.
- 4. Stay Consistent:** Missed a day? Don't stress! Start fresh the next day. The goal is progress, not perfection.
- 5. Celebrate Milestones:** Acknowledge your wins!

Your Habits: Write the habit you're focusing on below.
Color in or mark off each day as you complete your habit.

HABIT: _____

MONTH	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

Plan rewards to stay motivated:

Here's how I will celebrate my win(s)

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Success grows from small,
daily habits rooted in purpose.